

# Sodus Central School Sports Health History Form

Student Name: \_\_\_\_\_

Age: \_\_\_\_\_ yrs.

Address: \_\_\_\_\_

Grade: 7 8 9 10 11 12 (circle one)

Date of Birth \_\_\_\_\_

Sport: \_\_\_\_\_

Level: Varsity JV Modified

## HISTORY SINCE LAST PHYSICAL

*Note: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity above. However, it will require approval by the school physician before the student can report to practice or tryouts. The answers to the questions on this form will be held in the school health office and by the coach and will be kept confidential.*

**\*\*In the event that your child's information is not filled out correctly, the form will be returned to you and your athlete may be delayed in starting their sport of choice on time!\*\***

If the answer to any of the following questions is "Yes" please describe the condition or situation that prompted your answer.

Explain

- |   |                              |                             |       |
|---|------------------------------|-----------------------------|-------|
| 1. Any injuries requiring medical attention?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 2. Any illness lasting more than five (5) days?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 3. Taking medicine or under physician's care at this time?                                | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 4. Any feeling of faintness, dizziness, fatigue or chest pain after exercise or exertion? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 5. Change in wearing glasses or contact lenses?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 6. Any surgical operation or fractures?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 7. Any treatment in a hospital or emergency room?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 8. Developed any allergies/skin rashes?   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |
| 9. Any chronic disease/special conditions?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No | _____ |

### PARENTAL PERMISSION

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate on the athletic team named in PART A of this form. The answers are correct as of this date and he/she has my permission to participate. I also agree to emergency medical treatment as deemed necessary by the physicians designated by school authorities.

**Signed:** \_\_\_\_\_

Mother/Guardian \_\_\_\_\_

Home/Cell: \_\_\_\_\_

Father/Guardian \_\_\_\_\_

Home/Cell: \_\_\_\_\_

Health Insurance Company \_\_\_\_\_

Plan #: \_\_\_\_\_

Choice of Hospital: \_\_\_\_\_

Family Doctor: \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone: \_\_\_\_\_

Part B:

*(To be completed by School Health Department)*

Date of last Physical: \_\_\_\_\_

Health history reviewed and approved by Health Office Designee.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Health history reviewed and sent to school physician for approval (as needed).

Signed: \_\_\_\_\_

Date: \_\_\_\_\_