

AQUATICS SCHEDULE - FALL 2021

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:15am		Lap Swim		Lap Swim		Lap Swim	
9:00-10:15am							Aqua Aerobics
4:30-5:30pm			Aqua Aerobics	Aqua Aerobics	Aqua Aerobics		
6:00-7:00pm			Aqua Aerobics		Aqua Aerobics		
7:00-8:00pm			Lap Swim		Lap Swim		

*******PLEASE READ BEFORE SIGNING UP!*******

YOU MUST REGISTER WITH THE LINKS BELOW BEFORE COMING TO A PROGRAM

FOR SAFETY PURPOSES WE CANNOT ALLOW WALK-INS AT THIS TIME

[Sodus Pool CoVID-19 Guidelines for use Summer 2021](#)

[Sodus Aquatics Program Sign-up Information](#)

Aqua Aerobics Registration for Fall 2021

- **Maximum of 18 participants per session**
- **Once registered you are signed up for all classes for Fall at that time slot**

[FALL Tuesday 4:30pm Aqua Aerobics](#) - FULL

[FALL Tuesday 6:00pm Aqua Aerobics](#)

[FALL Wednesday 4:30pm Aqua Aerobics](#)

[FALL Thursday 4:30pm Aqua Aerobics](#)

[FALL Thursday 6:00pm Aqua Aerobics](#)

[FALL Saturday 9:00am Aqua Aerobics](#)

Morning Lap Swim Registration for Fall 2021

- **Once registered you are signed up for all classes for July and August at that time slot**

[FALL Monday 6:00am Lap Swim Registration](#)

[FALL Wednesday 6:00am Lap Swim Registration](#)

[FALL Friday 6:00am Lap Swim Registration](#)

Evening Lap Swim Registration for FALL 2021

- **Once registered you are signed up for all classes for July and August at that time slot**

[FALL Tuesday 7:00pm Lap Swim Registration](#)

[FALL Thursday 7:00pm Lap Swim Registration](#)