

**2021-2022**

**ATHLETE**

**{ & PARENT**

**MEETING**

# WELCOME!

**THANK YOU for being here!**

There is a lot of new information for the sport season. Please be patient with us as we, too, navigate through changes/regulations and do our absolute best to communicate and make it easiest for our Spartan Nation Community!

## QUESTIONS?

Please email me at [mmagin@soduscscsd.org](mailto:mmagin@soduscscsd.org) and I will get back to you within 24hours



# STAFF

## □ Athletic Department:

(315) 483-5216

□ **Mike Magin** > Athletic Director: [mmagin@soduscsd.org](mailto:mmagin@soduscsd.org)

□ **Amber Kirkey** > Athletic Secretary: [akirkey@soduscsd.org](mailto:akirkey@soduscsd.org)

## □ Coaches:

□ **Cross Country** > Deb Palmer and Jermaine Barber

□ **Boys Soccer** > Kevin Hauck, Jay Riggelman  
Connor Melanophy, TBD

□ **Girls Soccer** > TBD, Paul Hicks and Robin Masser

□ **Girls Tennis** > Steve Humbert and Karen Rawden

□ **Girls Volleyball** > Renee Molnar, Zach Stark

□ **Boys Volleyball** > Corey Sprague

□ **Lyons/Sodus Football** > Brad Steve, Dave Molisani, Eric Benderski

## □ Nurse:

□ **Jr./Sr. High Nurse** > Jacquie Budinger

# Sports Booster Club President NEEDED

We are looking for parent volunteers to run the Booster Club for this year. Please email me if you are interested.

Mike Magin - [mmagin@soduscisd.org](mailto:mmagin@soduscisd.org)

# Sports Nutrition Trainer

## NEW THIS YEAR

**Athletic Trainer** - We will have an Athletic Trainer at some events! All athletes can take advantage of of the trainer on days they are at Sodus.

**Nutrition** - I would like to introduce Adam Bullock, our Sports Nutrition Trainer. He will be working with athletes for 20 minutes a week. Here is a quick video about the service he will provide....

Video

# PRACTICE EXPECTATIONS

## ALL SPORTS

### \*ALL THE TIME\*

- Maintain 3 feet Distancing when possible mask on inside.
- Coaching staff and athletes must always wear a mask
- Athletes should bring their OWN water, it will not be provided
- Cleaning and disinfecting equipment
- No sharing equipment, clothes, water bottles, masks, etc.

# GAMEDAY PROCEDURES

- Hand-sanitation stations will be provided upon entrance
- There will be no spectator limitations this year.
- Spectators must wear face masks at outdoor and indoor events unless they can maintain at least 3 feet of social distancing
- There will be designated areas for spectators to stand or sit.



# RSCHOOLS

- Quick Link click [HERE](#) - notify me
- Sodus CSD website > Athletics Tab > Spartan Nation Sports Schedules
- Daily Practice Schedules
- Game Schedules
- Bus departure times
- Scores - usually within 24hours of the game/match
- Team Rosters
- Coach's Contact Email

# TRANSPORTATION

- At this time there is no bus capacity limit.
- If parents would like to drive students to or from their athlete's events, *the form must be filled out at least 24 hours before the event!*
- The form can be found [HERE](#) or can be accessed on the SodusCSD webpage under the Athletics > Student Athlete Transportation

# ACADEMIC ELIGIBILITY POLICY

You have already read and signed the information during your registration on FamilyID. Here is the quick rundown version of it:

- ❑ You **must** participate in PE daily or you may not participate in extra-curricular activities (practice or games/matches/meets) that day. *This is a NYS requirement!*
- ❑ If you are failing 1 NEW class at the end of the 5 weeks, you will be indicated as **LEVEL 1** on the Ineligibility List and will receive the information home on a yellow sheet of paper!
- ❑ If you are failing the SAME 1 class or more than 2 classes at the end of the 5 weeks, you will be indicated as **LEVEL 2** on the Ineligibility List and will receive the information home on a red sheet of paper!

# ACADEMIC INELIGIBILITY

- **LEVEL 1** > Your grades are being monitored by your coach and Athletic Department. You may continue to practice and participate in games/matches.
- **LEVEL 2** > Your grades are being monitored by your coach and Athletic Department. You may continue to practice with the team but *you may not attend or participate in any games or matches.*

Once you are passing the class(es), YOU must email Ms. Kirkey and/or Mr. Magin to let them know. This information will not be accepted from your coach or teacher. It is YOUR responsibility!

## Level 1

vs.

## Level 2

- Can participate in practices, rehearsals, events and **extra-curricular** clubs/activities
- Can go to dances
- Restricted Academic Hall

- **Cannot** participate in events, performances, or extra-curricular clubs/activities
- Can participate in practices and rehearsals
- **Cannot** attend dances and school events if no school is scheduled the next day
- Restricted Academic Hall

# Other Important Items

□ Pay special attention to **Technology/Social Media Violations** – in season and out of season

**Guilt by Association** – Students at a party/event where alcohol/drugs are present must make every effort to remove themselves safely and quickly. Students who do not are considered in violation of these extra-curricular expectations and will be held accountable

# 2:08PM-2:55PM

## Sports Study Hall >

- Athletes that need to bring in sports equipment can request a Field House Locker from Mr. Magin. They will be provided a lock and will be able to store their equipment in their assigned FH locker for the season.
- All athletes must change into practice/game clothes in the FH locker rooms between 2:08pm and 2:20pm.
- No more than 4 people will be permitted in a Locker Room at a time
- All athletes must be in the Cafeteria for Sports Study Hall no later than 2:20pm
- SSH will end at 2:55pm. If a bus is scheduled to depart later than 3:00pm, athletes will need to stay with their coaches at their designated area (see your coach for their location).

# ITEMS OF IMPORTANCE

## ▣ **Late Arrival and Early Departure**

- ▣ All athletes must be to school 1st period by 8:00 a.m.
- ▣ Medical notes must come directly from the medical office, they will NOT be accepted signed by a parent



# FAMILY ID

- **Registration** > You must be registered AND approved by the Nurse on FamilyID. This can be found on the Sodus CSD website under the Athletics > Sports Registration tab
- **Approval** > If you have not been approved, reach out the Mrs. Budinger or Ms. Kirkey to find out why!
- **Participation** > Athletes *cannot* attend, stand on the sidelines or participate in practice if they have not been approved
- **Information** > Make sure the information is accurate, especially in the event of an emergency!

# ACCIDENT/INJURIES

## ATHLETES

- Tell your coach immediately if you get hurt
- If you go to the doctor or Urgent Care - **get a NOTE!!**  
It should include a diagnosis, restrictions and/or return to play information with a medical provider's signature.
- Have the note faxed directly to Mrs. Budinger (483-5287) or bring it to her the very next morning!

# My Vision

- Support Sodus Athletics
- Grow Spartan Nation
- Increase fan and community involvement

# Sodus Athletic Philosophy

Coach should communicate:

- Philosophy
- Expectations for the athlete, as well as team
- Location and times of practices and games
- Team requirements
- Procedures for injuries

# Sodus Athletic Philosophy

## Appropriate concerns to discuss with coach:

- The treatment of their son or daughter, physically, mentally, or emotionally
- Ways to help their athlete
- Concerns about their athletes behavior

# Sodus Athletic Philosophy

Issues inappropriate to discuss with coaches

- Playing time
- Team strategy
- Play calling
- Other athletes

# THANK YOU!

*Mike Magin*

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*Amber Kirkey*

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